

# Lincoln County R-II School

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 Toasted Cheese sandwich Tomato Soup Peaches Milk	Jan - 3 Chicken Nuggets Mashed Potatoes Baked Apple Slices Bread Milk	Jan - 4 Hamburger/Bun French Fries Pineapple Milk	Jan - 5 Spaghetti/Meat Sauce Peas & Carrots Fruit Cocktail Breadsticks Milk	Jan - 6 Fish n' Cheese/Bun Baked Beans Orange Wedges Chocolate Cake Milk
Jan - 9 Chili Crispos Mexicali Corn Pears Vanilla Pudding Milk	Jan - 10 Breaded Chicken/Bun Sweet Potato Fries Jello/Applesauce Milk	Jan - 11 Pepperoni Pizza Steamed Broccoli Cherry Crisp Milk	Jan - 12 Nachos and Cheese Refried Beans Fruit Cocktail Pudding Pop Milk	Jan - 13 Chicken Stir Fry White Rice Pineapple Yogurt Milk
Jan - 16 Martin Luther King Day No School Today	Jan - 17 Turkey and Noodles Glazed Carrots Peach Crisp Milk	Jan - 18 Toasted Ravioli Lettuce Salad Tropical Fruit Salad Sherbet Milk	Jan - 19 Mama's Breakfast Casserole Tri Tator Pineapple Biscuit Milk	Jan - 20 Cheese Quesadilla Sweet Peas Apricots Milk
Jan - 23 Breaded Chicken/Bun Sweet Potato Fries Mandarin Oranges Milk	Jan - 24 Ravioli Casserole Green Beans Applesauce Hot Roll Milk	Jan - 25 BBQ Rib/Bun Golden Corn Cherry Crisp Milk	Jan - 26 Chili/Crackers Celery Sticks Pears Milk	Jan - 27 Hot dog Baked Beans Orange Wedges Rice Krispie Bar Milk
Jan - 30 Pulled BBQ/Bun Au Gratin Potatoes Baked Apple Slices Milk	Jan - 31 Chicken Nuggets Mashed Potatoes Strawberry Shortcake Bread Milk			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.